Clinically Organized Relevant Exam (CORE) Back Toolkit | User Tips & Tricks

Improving the quality of treatment can make a life-changing difference to patients suffering from low back pain. Recognize common mechanical back pain syndromes and screen for conditions where management may include investigations, referral and specific medications using the Clinically Organized Relevant Exam (CORE) Back EMR Toolkit. To use the tool simply search for "Core Back" in your forms library and select the *CEP Providers – Clinically Organized Relevant Exam (CORE) Back Tool* form.

Key Features of the Clinically Organized Relevant Exam (CORE) Back EMR Toolkit

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• Throughout the tool, instructions providing tool details and/or to assist you in completing the form are contained within a grey and yellow bordered text box.	For example: **Section A: History complete. Please proceed to Section B: Physical Examination below to refute or support the back pain pattern identified.**
• Throughout the tool, key messages for patients are embedded in each section as indicated by a key symbol, ⚷ and contained within a grey and blue bordered text box.	For example: ⚷ Imaging tests like X-rays, CT scans and MRIs are not helpful for recovery or management of acute or recurring low back pain unless there are signs of serious pathology. **Close**
• Select ➕ or ➖ to expand or collapse the tool's various sections.	
• If prompted to rule out low back pain red flags and/or review yellow flags, select **Close Table** to collapse upon competition. To reopen the tables simply select **Open Red Flags Table** or **Open Yellow Flags Table**	
• Based on the patient's history and physical examination one of four pain patterns will be identified with tailored initial management recommendations. Customize recommendations to the patient by selecting the specific recommendation checkboxes and entering any additional notes.	For example:
• Click on **Print Pain Pattern 1 Initial Management Recommendations**, **Print Pain Pattern 2 Initial Management Recommendations**, **Print Pain Pattern 3 Initial Management Recommendations** or **Print Pain Pattern 4 Initial Management Recommendations** to generate a printable patient handout with tailored recommendations.	

• To include either of the patient key messages in the printable patient handout make sure to click on the 🔑 to display the message(s) before printing.	For example:
• Additional resources for the patient and provider are available beside the Pain Pattern Initial Management Recommendations table. The designation of the hyperlink is provided between the [ ]. I.e. FORM, PDF or WEBLINK.	For example:

• Where provided, click **send reminder message** to send an email reminder to schedule patient for a follow up and/or complete referral(s). For example, under the Next Steps section, if you intend to refer the patient for rehabilitation and want to be reminded to complete the task, click **send reminder message**. This will automatically send a reminder to your inbox to review the patient's CORE Back Tool and refer.