

Preconception Health Care Tool | User Tips & Tricks



The Preconception Health Care Tool Custom Form

The Preconception Health Care Tool helps you assess the preconception health and risk factors for pregnancy of all patients of reproductive age. Use it over a series of visits to identify potential physical, genetic, psychosocial and environmental risk factors for adverse pregnancy outcomes. The Tool will guide you to help reduce those risks before conception through counselling, education and other interventions. If preconception counselling is warranted, the tool is broken down into 14 sections: Reproductive History; Sexual Health; Chronic Medical Conditions; Medications; Mental Health, Tobacco, Alcohol and Other Substance Use; Immunizations, Infectious Diseases, Family and Genetic History; Nutrition; Weight Status; Physical Activity; Psychosocial Stressors; and Environmental Exposures. As the patient's primary care provider, you can determine what sections apply or are most relevant and click through the screening, counsel and intervene.

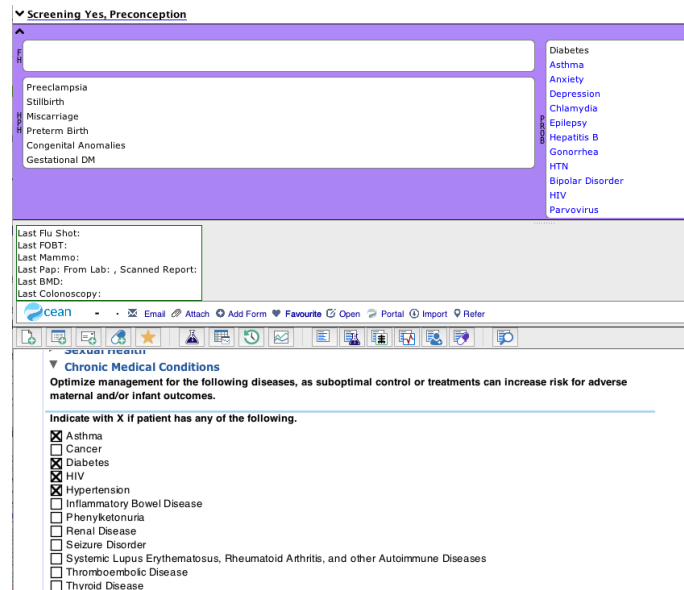
Identifying Preconception Screening Opportunities in Your Daily Practice

- Well Woman Periodic Health Exam
- Visits related to teratogenic Rx Renewal
- Visits related to pap tests/STI checks
- Visits related to international travel
- Visits related to Chronic Disease management, i.e. hypertension, epilepsy, diabetes, etc.
- Visits related to lifestyle choices, i.e. nutrition/diet; smoking cessation; alcohol, marijuana, and/or other substance use; etc.

The Preconception Health Care Tool EMR Form Features

- Each of the screening sections are, by default, collapsed. To expand the sections click on the grey arrow. I.e. 
- Throughout the tool, blue underlined text links out to patient and provider resources. I.e. [a Reproductive Life Plan.](#)
- Throughout the tool, hover over fields with a yellow dot to gather additional information/clarification. I.e. 
- The form is designed to leverage the content contained in parts of the patient's CPP (Problem List, Past Hx, and Risk Factors). Where applicable, the form preselects/prepopulates fields within relevant screening sections.

For example, if the patient has any of the Chronic Medical Conditions in their Problem List of Past Hx (such as Asthma or Diabetes) it will preselect the condition for you in the Chronic Medical Conditions section. To view the recommended counselling doublecheck the preselected conditions.



For example, if the patient is a current smoker, regular alcohol drinker, or uses recreational drugs (THC, COC, etc.) the screening recommendations are preselected for you in the Tobacco, Alcohol and Other Substance Use section.

Needs Hb A1C
Needs Pap
Preconception Health Care Tool

current smoker - 15 cigarettes/day
10 alcoholic drinks per week ...
current recreational drug use: THC, COC, NRC, B20, HLU, Other

Last Flu Shot:
Last POFIT:
Last Mamma:
Last Pap: From Lab : Scanned Report:
Last BMD:
Last Colonoscopy:

CCQH - Email Attach Add Form Favourite Open Portal Import Rate

Mental Health
Tobacco, Alcohol and Other Substance Use
Encourage all individuals to be tobacco free prior to conception.

For the following, indicate X for completed.

Screen for:

- Tobacco use (all forms)
- Tobacco exposure (second-hand smoke)
- Cannabinoids
- Alcohol
- Other Substances

For example, the form will prepopulate the patient's height and weight with the most recent result and autocalculate the BMI in the Weight Status section.

Waist Circumference (WC): cm

Male Target *Female Target*

European, African, Eastern Mediterranean, Middle Eastern < 102cm < 88cm

South Asian, Asian, South and Central American < 90cm < 80cm

Patient Weight: 75 kg Patient Height: 180 cm

Body Mass Index (BMI): 23.1

Target BMI (for ages ≥ 19): 18.5 - 24.9

Target BMI (for ages < 19)

Please note, much of the prepopulation/preselection is based on matching the free text entry within the Problem List, Past Hx, and Risk Factors to the corresponding form field. It may not pick up on short forms, acronyms, etc. used in your practice. We welcome recommendations for additional keywords to add to the forms prepopulation/preselection. Please email us at info@cep.health.

- After completing a screening section, click on the button to add a "Completed" time stamp on the section heading. This allows you to see quickly which screening section has been completed, and which remain to be completed. I.e.

- ▶ Medications
- ▶ Mental Health Completed: Dec 7, 2018
- ▶ Tobacco, Alcohol and Other Substance Use Completed: Dec 7, 2018

Additionally, the act of clicking "Mark Section as Complete" communicates to the form that the screening Section was relevant to the patient and should be added to the Consolidated Note (see below).

- Once you've completed using the form, click on the button to create a note with the screening and management for each of the "Completed" sections of the form. Please note, the consolidated note that is created is editable so that you can add and/or adjust the interventions completed.

The Preconception Health Care Tool Follow Up Reminder & Search

- As the form is intended to be used over a series of visits we've included a Follow Up button that can be engaged to set yourself a reminder to revisit the Preconception Health Care Tool at the patient's next visit.

If checked off, a reminder is set in the patient's CPP. I.e.

Reminders

- Needs Hb A1C
- Needs Pap
- Preconception Health Care Tool

Additionally (or alternatively), you can run a search to determine which patients, filter by provider, have the follow-up set. I.e.

Preconception Tool Follow Up Search

Report

Pati...	First Name	Surname	Age	Home P...	Busines...	Mobile P...	Privacy
109	Pippy	Scott-Meuser	32 yr				
105	Mommy	PSS	40 yr	800-265-...			