



# Centre for Effective Practice

Best Evidence • Best Practices • Better Health

## Highlights:

- [Cognitive Behavioural Therapy for Anxiety Online Series](#)
- [Help Improve Canadian Cancer Resources - Cancerview.ca Evaluation](#)
- [Low Back Pain Online Course: Re-Accredited!](#)
- [New Publication: Impact of an Online Medical Internet Site on Knowledge and Practice of Health Care Providers](#)
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## Cognitive Behavioural Therapy for Anxiety Educational Series



The Ontario Telemedicine Network (OTN), and the Centre for Effective Practice (CEP) present Cognitive Behavioural Therapy for Anxiety, an educational workshop series designed to provide insight into the latest, clinically proven, cognitive behavioural therapy techniques available to treat patients with anxiety. The series, designed by leading experts from Sunnybrook's Frederick W. Thompson Anxiety Disorders Centre will be held February 3 and February 10 from 12-1:30pm EST through [OTN's live webcast](#) and [videoconferencing services](#).

This 3-part series is available to all primary care providers in Ontario interested in

## Help improve a Canadian cancer resources website

We'd like to invite you to participate in a survey regarding the Canadian Partnership Against Cancer (CPAC) website [cancerview.ca](http://cancerview.ca). Your opinions are important to us.

**To complete the survey, click on the link below:**

[www.fluidsurveys.com/s/cancerview-targeted-survey](http://www.fluidsurveys.com/s/cancerview-targeted-survey)

By completing the survey you will be contributing to CPAC's goal of better connecting Canadians to online services, information, and resources for cancer control.

## JMIR Publication

As part of our work with the SCIRE Project, CEP recently worked with national partners to publish the following paper on Web based knowledge resources.

using cognitive behavioural therapy to treat patients with anxiety, and enhancing the quality of care they deliver through OTN's virtual services.

This program has been accredited by the College of Family Physicians of Canada and the Ontario Chapter for up to 4 Mainpro-M1 credits.

For more information and online registration, please visit [effectivepractice.org/otncbt](http://effectivepractice.org/otncbt).

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## Accredited Low Back Pain Online Course: Back by Popular Demand

We are excited to announce the re-accreditation of the online low back pain course! As part of the Ministry of Health and Long-Term Care's Low Back Pain Strategy, Centre for Effective Practice was funded to develop a provincial education strategy. An online accredited course was one component of this strategy and was originally launched in 2013.

Due to popular demand, the online course has been re-accredited and is now available for another year.

The program has been accredited by the College of Family Physicians of Canada for up to 4 Mainpro-M1 credits.

The program can be accessed in both French and English at [effectivepractice.org/lowbackpain](http://effectivepractice.org/lowbackpain) or [ontario.ca/lowbackpain](http://ontario.ca/lowbackpain) or [ontario.ca/lombalgie](http://ontario.ca/lombalgie) (French).

Photo credit: Thinkstock



Eng JJ, Noonan VK, Townson AF, Higgins CE, Rogers J, Wolfe DL. Impact of an Online Medical Internet Site on Knowledge and Practice of Health Care Providers: A Mixed Methods Study of the Spinal Cord Injury Rehabilitation Evidence Project *J Med Internet Res* 2014;16(12):e296

View the full publication at: <http://www.jmir.org/2014/12/e296>

## Upcoming Conferences

Please click on the links for more details.

**Best Start Annual Conference:**  
Feb. 25th - Feb. 27th

**Primary Care Today:** May 6th - 9th



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