



Centre for Effective Practice

Best Evidence • Best Practices • Better Health

Newsletter

Fall 2013

Highlights

Get Involved:

- [We need primary care input on Quality Indicators for Chronic Kidney Disease!](#)

New CEP Projects:

- [Chronic Kidney Disease Quality Indicators](#)
- [Stress Echocardiograph Referral Form](#)
- [Low Back Pain Whiteboard Video with Dr. Mike Evans](#)

Noteworthy:

- [Congratulations to The BETTER Project Team Publication](#)
- [CEP's Low Back Pain Project at TWO conferences](#)

Upcoming Conferences:

- [Annual Scientific Assembly](#)

Chronic Kidney Disease Quality Indicators for Primary Care

Ontario Renal Network

We are currently looking for Family Physicians and Primary Care Nurse Practitioners to help ensure the indicators are relevant and applicable to primary care!

The Ontario Renal Network (ORN) has engaged the Centre for Effective Practice (CEP) to conduct a modified Delphi Panel approach in order to identify quality indicators (QI) for Chronic Kidney Disease (CKD) in primary care.

Quality indicators for CKD in primary care currently do not exist in Canada and consensus on these indicators will lead to improved evaluation of the impact of interventions for CKD in primary care as well as improved quality of care provided to patients living with CKD across Canada.

Participation will involve an introductory meeting, responding to three electronic rating questionnaires aimed at achieving consensus on the QIs, as well as taking part in one-two webinar discussion with others from across the country. All responses throughout the panel process will remain anonymous.

If you are interested in participating, please contact Lindsay Bevan from CEP (lindsay.bevan@effectivepractice.org or [647-260-7880](tel:647-260-7880)).

Opportunity to Participate: Development of Quality Indicators for Chronic Kidney Disease

The Ontario Renal Network (ORN) has engaged the Centre for Effective Practice to conduct a modified Delphi Panel approach in order to identify quality indicators (QI) for Chronic Kidney Disease (CKD) in primary care.

We are looking for primary care providers (*family physicians and nurse practitioners*) to participate on the Delphi Panel.

Participation will involve:

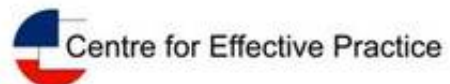
- an introductory meeting;
- responding to **three** electronic rating questionnaires aimed at achieving consensus on the QIs; and
- one-two webinar discussion with others from across the country.

Approximately 15-18 hours of your time will be required over 4 months.

The modified Delphi panel process will begin December 5th with an introductory meeting – please indicate your interest as soon as possible.

If you are interested in participating or have questions, please contact Lindsay Bevan at lindsay.bevan@effectivepractice.org or 647-260-7880.

To learn more about the Centre for Effective Practice or Ontario Renal Network, visit www.effectivepractice.org or www.renalnetwork.on.ca



Stress Echocardiograph Referral Form

St. Michael's Hospital

The Centre for Effective Practice is working with Dr. Kevin Levitt at St. Michael's Hospital and in partnership with Women's College Hospital Institute for Health System Solutions and Virtual Care to develop a clinical tool that will enable providers (primary care providers, cardiologists and vascular surgeons) to order appropriate stress echography. The American College of Cardiology Foundation (ACCF) Appropriate Use Criteria for Stress Echocardiograph clinical practice guidelines will be used as the clinical foundation for the tool.

The tool will highlight appropriate vs. uncertain indications for stress echocardiography to guide providers in assessing the need for referral of their patients. It will be piloted at St. Michael's Hospital in Toronto with the potential for wider distribution across Ontario if positive results are achieved during the pilot.

Low Back Pain Provincial Strategy

Ministry of Health and Long-Term Care

Over the past year, CEP has led the development and execution of the province's Primary Care Provider Education Approach. The project concluded in August 2013. However, CEP continues to look for opportunities and ways to support implementation of the developed toolkit and education.

In response to the Ministry of Health and Longterm Care's recent Call for Applications to provide funding to primary care practices to execute a pilot project, CEP offered a webinar and consultation support to help inform submissions. To find out more about the Low Back Pain Provincial Approach please visit www.effectivepractice.org/lowbackpain

We are also excited to announce that we are now working with Dr. Mike Evans and the Health Design Lab to develop a whiteboard video on Low Back Pain for consumer/patient education. The expected launch date of the video is March 2014. To view more [Health Whiteboards](#) visit [Dr. Evans' Youtube Channel](#)

Noteworthy

Congratulations to the BETTER Project team, including CEP's Jess Rogers, on its recent publication in BMC Family Practice!

CEP was happy to be engaged to support the BETTER Project in 2009 to 2011. CEP supported the identification, assessment and adaptation of evidence from clinical practice guidelines into meaningful education, tools and indicators used in the intervention. The randomized controlled trial demonstrated important insight into how interprofessional primary care teams can address primary prevention and screening of cancer and chronic disease using a new model of care. Information about the BETTER Project is available through:

<http://better.utoronto.ca>

Improving chronic disease prevention and screening in primary care: results of the BETTER pragmatic cluster randomized controlled trial

Eva Grunfeld, Donna Manca, Rahim Moineddin, Kevin E Thorpe, Jeffrey S Hoch, Denise Campbell-Scherer, Christopher Meaney, Jess Rogers, Jaclyn Beca, Paul Krueger and Muhammad Mamdani BMC Family Practice 2013, 14:175

doi:10.1186/1471-2296-14-175 Published: 20 November 2013

<http://www.biomedcentral.com/1471-2296/14/175/abstract>

CEP presented its Low Back Pain work at two conferences this fall!

Family Medicine Forum (Vancouver, BC)

Drs Hamilton Hall and Julia Alleyne presented "The CORE Low Back Pain Tool: By primary care providers, for primary care providers" at an interactive session with participants.

Health Quality Transformation (Toronto, ON)

Impact of the educational approach was presented with a poster presentation entitled "Enhancing the Continuum of Care for Low Back Pain in Ontario: An Educational Approach". Early findings suggest an increase in provider's confidence levels in the assessment and management of LBP as well as a shift towards evidence-based reasons for referral to a spinal surgeon.

Upcoming Conferences

51st Annual Scientific Assembly

Ontario College of Family Physicians

The Annual Scientific Assembly is an event that gathers close to 1000 delegates including family physicians, residents, medical students, family practice nurses and other healthcare professionals from all over the province. The CPD program is designed "By Doctors - For Doctors" and includes current clinical topics updates on previous popular topics and emerging clinic issues.

Visit <http://ocfp.on.ca/asa> to register and for more information about the conference.

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