

Clinician Resources

This compilation of resources has been developed directly by members of the Topic Expert Group.

FM Clinician Resources

Title (Source)	Link	Description
Evidence Based, Peer Reviewed and Expert Consensus Publications		
The diagnosis of fibromyalgia syndrome (Royal College of Physicians)	https://www.rcp.ac.uk/guidelines-policy/diagnosis-fibromyalgia-syndrome	Educational resource and information sheet for clinicians.
Educational Videos		
Fibromyalgia (Dr. Andrea Furlan)	https://www.youtube.com/watch?v=_1B8U-eEkE0&t=2s	Video explaining what fibromyalgia is, its causes, and treatments.
Supportive Resources for Diagnosis, Management and Research		
eConsult services Ontario Telemedicine Network (OTN)	https://otn.ca/providers/primary-care/econsult/	The Ontario eConsult program allows physicians and nurse practitioners timely access to advice from focused practice and specialist physicians. -Sign up required (no fee) -Questions regarding ME/CFS, Fibromyalgia and Multiple Chemical Sensitivity can be directed to the database of clinicians in eConsult's: Environmental Health Group

		-Questions regarding long COVID fatigue can be directed to eConsults: Post COVID Condition Fatigue Group.
Environmental Health Clinic, Women’s College Hospital, Toronto.	https://www.womenscollegehospital.ca/care-programs/environmental-health-clinic/	Multidisciplinary provincial clinic with referral process. Supports primary care clinicians in determining whether their patients meet criteria for ME/CFS, FM or ES/MCS and provides recommendations for management to be carried out by the patient’s primary care provider.
Complex Chronic Diseases Program (CCDP), BC Women’s Hospital and Health Clinic, Vancouver.	http://www.bcwomens.ca/health-info/living-with-illness/fibromyalgia	Information to support diagnosis, treatment, and additional educational resources.
Bateman Horne Center	https://batemanhornecenter.org/providers/fm/	Educational resources and videos
Additional Publications of Interest		
Task Force on Environmental Health (TFEH) The TFEH was an Ontario Ministry of Health and Long-Term Care appointed committee (composed of doctors, researchers and people with lived experience) tasked	https://files.ontario.ca/moh-task-force-on-environmental-health-report-dec-2018-en-2023-03-09.pdf	The Task Force on Environmental Health's final report produced in December 2018 was Care Now: An Action Plan to Improve Care for people with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS),

<p>with providing advice on how to overcome gaps in knowledge, care and attitudes related to ME/CFS, FM and ES/MCS.</p>		<p>Fibromyalgia (FM) and Environmental Sensitivities/Multiple Chemical Sensitivity (ES/MCS). The report proposed a system of care for people living with these conditions.</p>
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