












Resources* for Chronic Non-Cancer Pain

LHIN 1 - Erie St. Clair




The inclusion of these resources does not entail endorsement by the Centre for Effective Practice, the Ontario College of Family Physicians, the Nurse Practitioners' Association of Ontario or LHIN 1 - Erie St. Clair. This document is a list of all resources located in your LHIN and it is up to you as a provider to determine the most appropriate resource to refer your patient to.











Chronic pain management clinics











1	Arthritis Society Sarnia-Lambton Program	 Location(s)
Education, programs and support for people living with arthritis. Programs include chronic pain management workshops and online self-management courses.		Sarnia
https://www.erieclairhealthline.ca/displayService.aspx?id=174711		
2	Bayshore HealthCare	 Location(s)
This organization provides home and community health services including therapy, rehabilitation and pain management services.		Chatham, Windsor
https://www.bayshore.ca/		
3	CarePartners	 Location(s)
This community health agency provides home care services and helps with pain management.		Windsor
http://carepartners.ca/		
4	Dr. BR Banwell Interventional Epidural Clinic	 Location(s)
This physician's office provides pain management interventions such as epidurals.		LaSalle
(519) 737-9233		
5	InMedic Pain Management Centres	 Location(s)
This multidisciplinary pain clinic offers interventions, medications, and psychological therapy.		Windsor
http://inmedicpain.com/		
6	Intervention Pain Clinic	 Location(s)
The services provided at this clinic include a comprehensive pain consultation, diagnostic recommendations, non pharmacological and pharmacological management and interventional procedures.		Chatham
http://www.erieclairhealthline.ca/displayService.aspx?id=177766		
7	Pain Care Clinics	 Location(s)
This multidisciplinary clinic offers pain management services including interventions (e.g., Botox, platelet-rich plasma, epidurals, and nerve blocks).		Windsor
www.paincareclinics.com		

8	Persistent Pain Management and Support Group - Grand Bend Area Community Health Centre	 Location(s)
This 6-week community education program deals with topics such as chronic pain and managing medications. This program runs twice weekly with one session in a group with a social worker and another one-on-one session with a physiotherapist.		Grand Bend
http://gbachc.ca/community-and-wellness-programs/		
9	Sarnia Community Care Physiotherapy - pt Health	 Location(s)
This multidisciplinary clinic provides therapy and rehabilitation services to treat a variety of chronic and acute pain conditions.		Sarnia
https://www.pthealth.ca/clinic/sarnia-community-care-physiotherapy/		
10	VON Erie-St. Clair Chronic Pain Management Assessment and Referral Program (CPMARP)	 Location(s)
In consultation with hospital emergency departments, family physicians, specialists, and Nurse Practitioners, the program helps referred clients with high risk pain profiles. Clients participate in an intake process and will be seen by a Nurse Practitioner, Occupational Therapist, and/or a Social Worker. Clients are provided with treatment options and referred to the appropriate pain management resources and services available within Erie St. Clair.		Chatham, Sarnia, Windsor
http://www.eriectclairhin.on.ca/About%20Us/ESCLHIN-HSPs/ChronicPainManagement.aspx		
11	Inter-professional Spine Assessment and Education Clinics (ISAEC)	 Location(s)
The Inter-professional Spine Assessment and Education Clinics (ISAEC) is an upstream, shared-care model of care in which patients receive rapid low back pain assessment (less than two weeks on average), education and evidence-based self-management plans. It is designed to decrease the prevalence of unmanageable chronic low back pain, reduce unnecessary diagnostic imaging as well as unnecessary specialist referral.		Ontario-wide
http://www.isaec.org/		




Substance abuse & drug addiction clinics, and withdrawal services

12	Addiction Services - Bluewater Health	 Location(s)
Assessment/referral and treatment of alcohol, drug and problem gambling - both adult and youth programs.		Sarnia
https://www.bluewaterhealth.ca/programs-services/mental-health-addiction-services/addiction-problem-gambling-services		
13	Awareness and Prevention of Drug and Alcohol Abuse Program - Kettle Point Health Center	 Location(s)
This organization offers counselling and assessments for residents of Kettle and Stony Point Reserves who are involved about their own or others' alcohol or drug problems. Clients are seen on an individual or family basis. Prevention and education displays are provided with the drug rehab program.		Lambton Shores
http://www.eriectclairhealthline.ca/displayservice.aspx?id=176090		
14	Bluewater Methadone Clinic	 Location(s)
This methadone clinic is staffed by physicians, nurses, case managers, and front line/administration staff. It provides methadone maintenance therapy, counseling, an on-site pharmacy, and outreach for pregnant women and new mothers.		Chatham, Sarnia, Wallaceburg
http://bluewatermethadoneclinic.ca/		
15	Bluewater Rapid Access Addiction Medicine (RAAM) Clinic	 Location(s)
This clinic is co-located with the Bluewater Methadone Clinic and offers treatment of opioid use disorder and alcohol use disorder with evidence-based medically assisted treatment. Opioid use disorder patients are offered buprenorphine replacement therapy.		Sarnia
http://www.eriectclairhealthline.ca/displayservice.aspx?id=180582		
16	Brentwood Recovery Home	 Location(s)
This residential alcohol and drug addiction recovery home also provides non-residential support for family members. The program includes medical treatment and counselling, an onsite hepatitis C clinic, and programs for adults and adolescents.		Windsor
http://brentwoodrecovery.com/ecom.asp		







17	Crossroads Centre for Personal Empowerment	 Location(s)
Crossroads is a not-for-profit organization dedicated to helping those with addiction and anger management problems through a structured relapse prevention program for opioid and alcohol addiction clients utilizing pharmacotherapy. http://www.crossroadsc4pe.ca/		Windsor
18	Dr. Peter J. Farago, MD	 Location(s)
Dr. Farago provides comprehensive addiction medicine services and individualized opiate management. http://www.faragomedicine.com/		Amherstburg, Windsor
19	Erie St. Clair Clinic	 Location(s)
This clinic offers a holistic, patient-focused approach to outpatient addiction services. Services include on-site physicians specialized in addictions treatment, Hep C/HVC treatment, on-site pharmacy, patient advocacy, on-site relapse prevention service, alcohol misuse medical treatment using the Sinclair Method Therapist, and home withdrawal program. http://www.eriestclairclinic.com/		Leamington, Windsor
20	Goyeau Street Clinic	 Location(s)
This addiction medicine and treatment clinic provides opiate dependency treatment with methadone and Suboxone. https://windsoressex.cioc.ca/record/WIN0730		Windsor
21	Horizons Opioid Treatment Service	 Location(s)
This clinic helps and treats individuals that are dependent on narcotics using either Suboxone or methadone therapy for opioid dependence. http://horizonsclinic.ca/		Windsor
22	House of Sophrosyne	 Location(s)
This addiction recovery centre for women offers residential (35-day program), community-based treatment, "caring connections" counselling for pregnant or parenting women, supportive housing, transitional housing for pregnant women or new mothers at risk of homelessness, and fast access to community experts. http://sophrosyne.ca/		Windsor
23	Medical Wellness Centre of Windsor	 Location(s)
This addiction medicine and treatment clinic provides opiate dependency treatment with methadone and Suboxone. https://windsoressex.cioc.ca/record/WIN1135		Windsor
24	Mental Health and Addictions Program (MHAP) - Chatham-Kent Health Alliance	 Location(s)
The MHAP delivers best practice clinical mental health and addictions services built on a strong education and research based model. http://www.ckha.on.ca/mentalhealth		Chatham
25	New Beginnings Clinic	 Location(s)
This substance abuse clinic helps people overcome addictions, particularly to opioids. It focuses on harm reduction and a safe, non-judgmental approach to treatment. www.newbeginningsclinic.ca/		Sarnia
26	Ontario Addiction Treatment Centres (OATC)	 Location(s)
This multidisciplinary clinic offers a voluntary outpatient drug addiction treatment program using methadone or Suboxone. https://www.oatc.ca/		Sarnia, Windsor

27	Renew Medical Clinics	 Location(s)
This multidisciplinary clinic offers methadone treatment, Suboxone treatment and mental health medical management for patients with dependence or addiction to opioids.		Windsor
http://renewmedicalclinics.com/		
28	TrueNorth Medical Centres	 Location(s)
Services include a methadone/Suboxone program that is focused on the treatment of opioid dependence and chronic pain. It is a multidisciplinary team environment that includes counselors, psychiatrist and addiction medicine specialists.		Sarnia, Windsor
https://www.truenorthmedical.com/		
29	Wallaceburg Addiction Clinic	 Location(s)
This addiction clinic is located in a local pharmacy.		Wallaceburg
https://411.ca/business/profile/13326365		
30	Westover Treatment Centre	 Location(s)
This substance abuse residential treatment centre offers both funded and private pay beds, and also offers a family program.		Thamesville
http://www.westovertreatmentcentre.ca/		
31	Windsor Life Centre	 Location(s)
A Christian-based substance and alcohol recovery and rehabilitation program for women ages 18 years and older.		Windsor
https://windsorlifecentre.com/		
32	Withdrawal Management Services - Bluewater Health	 Location(s)
Withdrawal Management Services help people in Sarnia-Lambton who struggle with substance use, including drugs, alcohol, and/or prescription medications. Withdrawal Management Services supports an abstinence-based and harm reduction approach to drug and alcohol addiction and provides a safe, supportive environment to help people understand or change the cycle of addiction.		Sarnia, Petrolia
https://www.bluewaterhealth.ca/types-of-care/mental-health-addiction-services/withdrawal-management-services		
33	Withdrawal Management Services - Hôtel-Dieu Grace Healthcare	 Location(s)
At this 20-bed facility, men (15 beds) and women (5 beds) can withdraw from the effects of drugs and/or alcohol. It is a non-medical co-located facility in Hotel-Dieu Grace Healthcare.		Windsor
http://www.hdgh.org/withdrawalmanagement		
34	Connex Ontario Drug & Alcohol Helpline	 Location(s)
Connex Ontario provides free, confidential, and anonymous information about drug and alcohol treatment services across Ontario.		Ontario-wide
http://www.connexontario.ca/		
35	Mentoring, Education, and Clinical Tools for Addiction: Primary Care-Hospital Integration (META:PHI)	 Location(s)
This is a provincial initiative to support clinicians in treating patients with substance use disorders. This website provides information about rapid access addiction medicine (RAAM) clinics across the province.		Ontario-wide
http://www.metaphi.ca/raam-clinics/		
36	Ontario Naloxone Program for Pharmacies	 Location(s)
Provincial program to provide naloxone kits through pharmacies.		Ontario-wide
https://www.ontario.ca/page/get-naloxone-kits-free		

Self-management workshops

37 Master Your Health	 Location(s)	
Stanford-model peer-led 6-week workshop on managing chronic disease for patients.		
http://www.wechc.org/health-condition/		
38 NeuroNova Centre for Mindful Solutions	 Location(s)	
This centre utilizes the Mindfulness-Based Chronic Pain Management (MBCPM) program to help patients manage their chronic pain conditions. They also facilitate training for practitioners who wish to include the program in their practices.		
http://www.neuronova.ca/		
39 Online Chronic Disease Self-Management Program of Ontario	 Location(s)	
This online program is based on the live Stanford model of chronic disease management, but provides the program completely online.		
https://www.selfmanagementontario.ca/		

Provider education programs

40 Medical Mentoring for Addictions and Pain (MMAP)	 Location(s)	
The MMAP is a network that connects family physician mentees to psychiatrist and family physicians with a focused practice in pain and addictions mentors through telephone, email and fax. Mentees may contact their mentors on an informal basis for guidance and support. Formal continuing professional development (CPD) workshops, small group teleconferences and sessions take place regularly in order to foster group cohesion. These tools help to support and augment the case by case mentoring program. Advice in the areas of diagnosis, psychotherapy and pharmacology is provided to mentees. Mentees are matched with mentors based on clinical interests and/or geographic location. Please note this is not a referral service.		
http://ocfp.on.ca/cpd/collaborative-networks/mmap		
41 Mentoring, Education, and Clinical Tools for Addiction: Primary Care-Hospital Integration (META:PHI)	 Location(s)	
This is a provincial initiative to support clinicians in treating patients with substance use disorders. This website provides clinical tools and ongoing education resources for substance use disorder for health care providers.		
http://www.metaphi.ca/provider-education.html		
42 NeuroNova Centre for Mindful Solutions	 Location(s)	
This centre utilizes the Mindfulness-Based Chronic Pain Management (MBCPM) program to help patients manage their chronic pain conditions. They also facilitate training for practitioners who wish to include the program in their practices.		
http://www.neuronova.ca/		
43 Ontario Pain Foundation	 Location(s)	
This not-for-profit charity provides information on the treatment and management of chronic pain, links to chronic pain resources from other organizations, raises awareness of chronic pain, operates a chronic pain support group and presents an Academic Pain Day to instruct physicians in management of chronic pain.		
http://ontariopainfoundation.ca/		
44 OTNhub Ontario eConsult Program	 Location(s)	
The Ontario eConsult Program connects requesting providers to specialists through a private and secure web portal, providing the opportunity to inform clinical decision making without sending the patient to see the specialist in person.		
https://otnhub.ca/patient-care/		
45 Project ECHO Chronic Pain & Opioid Stewardship	 Location(s)	
This physician network provides primary care providers in Ontario with the knowledge and support to manage chronic pain safely and effectively. It uses Telehealth technology to offer weekly two-hour videoconferences where local practice leaders ("spokes") present a brief didactic session followed by two or three de-identified case presentations, plus a yearly "Chronic Pain Basics Boot Camp" It also provides continuing education credits and fast-track specialist referrals for complex cases.		
https://uhn.echoontario.ca/chronic-pain-opioid-stewardship/		

Other

46 Calea

 Location(s)

This pharmacy provides a broad and diverse range of intravenous therapies, nutritional services and medical supplies to meet the needs of clients requiring long term or temporary care.

Canada-wide

<http://www.calea.ca/>

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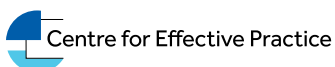


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